

## **UPDATED INFORMATION**

**Intensive training week subsequent to the April 7-8 Bukiwaza Seminar in Motril Granada Spain.**

**Seminar: April 7-8.** (see attached flyer).

### **Monday (9th):**

Organised Outing to the nearby Moorish town of Velez de Benaudalla.

[www.velezbenaudalla.org](http://www.velezbenaudalla.org)

- Visit to local Olive Oil Museum (breakfast).
- Guided tour of Velez de Benaudalla castle plus visit to Moorish Nazari gardens.
- Lunch at Meson del Nacimiento.

Total Costs for the above: approx 25 euros including lunch and transportation (hired bus for the day).

### **Intensive: 10th -14th April**

800-900      Bukiwaza  
1130 -1230    Bukiwaza  
2000 - 2200    Taijutsu

Dojo available for free training during day.

Intensive week cost: 150 euros. Payment on arrival.

### **Saturday afternoon (14th):**

Visit to Traditional Hammamm (Hammamm Al Andalus) in Granada  
[granada.hammamalandalus.com](http://granada.hammamalandalus.com)

This will be a great way to finish off the intensive and is guaranteed to get rid of any aches and pains you might have after so much training!

Discount group cost: 38 euros per person + bus transportation (depends on size of group. Between 5 and 10 euros per person)

Departing Motril 1600. Hammamm visit from 1800-1930.

**Accommodation options:** See also seminar flyer.

**Hostal La Campana** is first choice as hotel in Motril. 30-35 euros per night. Simple but clean and walking distance to Dojo. Many cafe's and restaurants in neighbourhood. If this is your choice remember to book well in advance as it gets full quickly in these dates.

[www.hostallacampana.com](http://www.hostallacampana.com)

Hotel Elba is on Motril Beach and further away. More luxurious but more expensive. Walkable in 1/2 hour to Dojo.

AirBnB for apartments. Few options in Motril but many in nearby Salobrena. That would require organised transportation. Renting and sharing a minibus would be best.

I can help with accommodation advice so contact me if necessary.

Please reconfirm your attendance NO LATER THAN DECEMBER 15th with a reservations for the two outings: Velez de Benaudalla on the 9th and the Hammamm in Granada on the 14th as we need to make reservations for the locations and the buses.

Bring own weapons (if possible, otherwise limited amounts available for lending).

We will also try and organise an archery afternoon somewhere in the schedule for those interested.

Any questions? Don't hesitate to contact me.

Greetings,  
Lewis.