



YUDANSHA SEMINAR LEWIS BERNALDO DE QUIROS (6DAN)

MAY 26th & 27th
Takemusu Aikido Weesp

During this seminar we will cover advanced topics of this Aikido style.

Bukiwaza: kihon to ki no nagare

Taijutsu: Exploring the connection from kihon through to ki no nagare, to jiyu waza.

武合
産氣

Takemusu Aikido Weesp/Enso dojo

武蔵合氣



Schedule

sat/sun: 10.00 to 12.00 & 13.00 to 15.00

seminar will be held at the Papenlaan 99, Weesp

Costs

Full seminar: E 75,- / One day E40,-

Registration: tinyurl.com/lewis-may-2018

Contact: paul.keessen@gmail.com